



FATHER MULLER MEDICAL COLLEGE

(A unit of Father Muller Charitable Institutions)

Fr Muller Road, Kankanady, Mangaluru— 575002



RULE BOOK

ADRENALINE

2024

"FEEL THE RUSH"



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GENERAL GUIDELINES FOR ATTENDEES

- All the individuals attending the fest must carry their College IDs at all times, on all days of the fest.
- Entry and Exit of participants only from the Pumpwall gate.
- Individuals without a valid ID pass will not be permitted into the Main Stadium during the Pro Shows.
- Organizers reserve the Right to Admission.
- Organizers reserve the right to search any individual & their belongings at the entry point or at any given point of time for security purposes.
- The venue is an Alcohol, Drugs & Smoke free zone
- Tobacco products, Narcotics & illegal contrabands of any kind are strictly prohibited inside the campus.
- Matchboxes, lighters, firearms, any weapons/ sharp objects are strictly prohibited inside the campus,
- Organizers will not be liable in any way whatsoever, for any loss of belongings, damage/ loss of vehicles, bodily injuries due to personal negligence, or any untoward incidents.
- Any individual not adhering to the above-mentioned guidelines will be made to leave the college premises.

GENERAL GUIDELINES FOR PARTICIPANTS

- **ADRENALINE 2024** is strictly an **UNDERGRADUATE** fest. Students doing their post-graduate studies are not permitted to participate in any of the events (except for Battle Of Bands). However, the **WORKSHOPS** are open to all. (Including general public).
- Participants must carry their College IDs at all times.
- All participants must arrive at the Registration Desk in the Main Stadium **ONE HOUR** prior to their event to confirm registration & to pick slots.
- Participants who aren't present **ONE HOUR** prior will be either disqualified or allotted a slot by the organizers.
- Each participant will be issued a Participant's pass, which must be shown at the venue of the event in order to be allowed to participate in that event.
- The organizers reserve the right to change the rules or venue of any event, cancel or reschedule an event. & the same will be informed to student in charge of all colleges.
- Use of profanity, vulgarity, obscenity of any kind will not be tolerated.
- Judges' decision will be final & binding.

EVENT LIST

CULTURAL EVENTS:

- Non thematic group dance (Team)
- Thematic group dance (Team)
- Duet dancing
- Knock out dancing
- Battle of bands (Team)
- Eastern singing (Group, duet, solo)
- Western singing (Group, duet, solo)
- Instrumental solo
- Beat boxing
- Lip sync battle (Team)
- Mock rock (Team)

NON-VENUE EVENTS:

- Movie making (Team)
- Reel making
- Photography
- Hogathon
- Cooking without fire (Team)
- Gaming- FIFA, BGMI
- Street play (Team)

LITERARY EVENTS:

- MUN
- Mind Craft (Team)
- Poetry Slam
- JAM- Just A Minute
- Relay Writing (Team)
- Potpourri (Team)
- Quiz (Team)

FINE ARTS EVENTS:

- Face Painting (Team)
- Comic Strip
- Make Up (Team)
- Poster Making (Team)
- Knot A Waste (Team)
- Pencil Sketching

SPORTS EVENTS

- **Badminton (Singles & Doubles)**
- **Basketball (Team)**
- **Chess (Individual)**
- **Football (Team)**
- **Table Tennis (Team)**
- **Kabaddi (Team)**
- **Throwball (Team)**
- **Volleyball (Team)**



Rules of Cultural Events

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For queries, kindly contact

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Battle of the Bands

RULES:

Date: 03/10/24

Timings: 7pm-10pm

Venue: Main Stadium

- All members of a team do not have to be from the same college or from the same institution.
- Minimum of 3, maximum of 11 members per team.
- Every participant must produce a college ID to participate in the event - both undergraduate and postgraduate are allowed .
- A single individual cannot be a part of two bands.
- Songs of any genre or language are allowed.
- Time limit: 20 minutes including soundcheck.
- A warning bell will be rung at 18 minutes indicating two minutes of stage time left. After the allotted time, the sound System shall be turned off & the team must leave the stage.
- Use of pre-recorded music or any form of visual effects is not allowed.
- Any form of vulgarity and profanity is strongly prohibited.
- The organizers will not provide instruments except for a drum kit.
- Decision of the judges is final
- The scores of battle of the bands will not be added to the total scores of any college and will not be considered for scoring when it comes to deciding the overall champion college of ADRENALINE 2024.

Registration Fee

Rs. 3,000/Team

PRIZE MONEY-

I - Rs. 20,000/-

II - Rs. 12,500/-

III- Rs 8,000/-



Beat Boxing

RULES:

Date: 04/10/24

Timings: 4pm-6.30pm

Venue: Main Stadium

- Only TWO individual entries per college are allowed to participate.
- Participants must be present at the venue ONE HOUR prior to the event to pick up the slots to decide fixtures for the face off.
- Two participants will take the stage simultaneously based on fixtures & compete against each other.
- Participants can only beat box & not sing or use any music files or instruments during the performance.
- The qualifier of that round proceeds to the next round.
- Decision of the judges is final

Registration Fee

Rs. 250/participant

PRIZE MONEY-

I - Rs. 2,000/-

II - Rs.1,250/-



Eastern Singing

RULES:

Date: 04/10/2024

Timings: 10am-5pm

Venue: Silver jubilee hall

- Only ONE team per college can participate.
- Maximum of 15 members per team, maximum of 12 vocalists and 3 instrumentalists (not more than 12 vocalists or 3 instruments)
- Instrumentalists have to be from the respective colleges.
- Time limit : 20 minutes including stage set up.
- A warning bell will be rung at 18 minutes indicating two minutes of stage time left.
- Within the allotted time of 20 minutes, the team can perform two solos (one male and one female), one duet (gender neutral) & one group performance (minimum of 5 members).
- Team can limit their participation to any one, two or three out of the 4 above mentioned categories.
- No additional performances besides the above mentioned will be allowed, or the team will be disqualified.
- 5 marks will be deducted from TEAM total for every 10 second exceeding the time limit.
- As this is a stage event every team is expected to make use of the given sound system in order to be audible for both judges & audience.





- Songs in any regional language are permitted.
- No introduction of singers &/or songs or any other message will be allowed (Team will be disqualified).
- Midi files & karaoke (without vocals) may be used for the solo & duet performances ONLY. The same is NOT allowed for the group performances.
- No electric instruments except for bass guitar and semi acoustic guitar is allowed (Electric guitar on acoustic patch WILL NOT be allowed.)
- BEAT BOXING is allowed.
- The organizers will not provide instruments except for a drum kit.

PRIZE MONEY-

	I	II	III
SOLO (Male)	Rs. 3,000/-	Rs. 2,000/-	Rs. 1,250/-
SOLO(Female)	Rs. 3,000/-	Rs. 2,000/-	Rs. 1,250/-
DUET	Rs. 7,500/-	Rs. 5,000/-	Rs. 2,500/-
GROUP	Rs. 12,000/-	Rs. 7,000/-	Rs. 4,000/-

Registration Fee

Rs. 2,000/Team

[inclusive of solo (male and female) , duet and group participation]



Western Singing

RULES:

Date: 05/10/24

Timings: 10am-5pm

Venue: Silver jubilee hall

- Only ONE team per college can participate.
- Maximum of 15 members per team, maximum of 12 vocalists and 3 instrumentalists (not more than 12 vocalists or 3 instruments)
- Instrumentalists have to be from the respective colleges.
- Time limit : 20 minutes including stage set up.
- A warning bell will be rung at 18 minutes indicating two minutes of stage time left.
- Within the allotted time of 20 minutes, the team can perform two solos (one male and one female), one duet (gender neutral) & one group performance (minimum of 5 members).
- Team can limit their participation to any one, two or three out of the 4 above mentioned categories.
- No additional performances besides the above mentioned will be allowed, or the team will be disqualified.
- 5 marks will be deducted from TEAM total for every 10 second exceeding the time limit.
- As this is a stage event every team is expected to make use of the given sound system in order to be audible for both judges & audience.





- **ONLY** English songs are permitted.
- No introduction of singers &/or songs or any other message will be allowed (Team will be disqualified).
- **BEAT BOXING** is allowed.
- Midi files & karaoke (without vocals) may be used for solo & duet performances **ONLY**. The same is **NOT** allowed for group performances.
- No electric instruments except for bass guitar and semi acoustic guitar is allowed (Electric guitar on acoustic patch **WILL NOT** be allowed.)
- The organizers will not provide instruments except for a drum kit.

PRIZE MONEY-

	I	II	III
SOLO (Male)	Rs. 3,000/-	Rs. 2,000/-	Rs. 1,250/-
SOLO(Female)	Rs. 3,000/-	Rs. 2,000/-	Rs. 1,250/-
DUET	Rs. 7,500/-	Rs. 5,000/-	Rs. 2,500/-
GROUP	Rs. 12,000/-	Rs. 7,000/-	Rs. 4,000/-

Registration Fee

Rs. 2,000/Team

[inclusive of solo (male and female) , duet and group participation]

Duet Dancing

Date: 03/10/24

Timings: 4pm-6pm

Venue: Main Stadium

RULES:

- Only TWO teams from each college can participate in this event
- Each team should have 2 members.
- GENDER NEUTRAL
- Time limit : 4 minutes including stage set up.
- A warning bell will be rung at 2 minutes indicating two minutes of stage time left.
- 2 marks will be deducted from total score for every 10 second exceeding the time limit.
- Fire presentation, use of weapons & water on stage is not allowed.
- Use of any powdered substances on stage is not allowed.
- Animals & vehicles (including bicycles, motorcycles, mopeds) are not allowed.
- Any participant found to be violating the rules will be Disqualified

Registration Fee

Rs. 500/Team

PRIZE MONEY-

I - Rs. 5,000/-

II - Rs. 2,500/-

III- Rs 1,500/-



Knockout Dancing

Date: 02/10/24

Timings: 7.30pm-10pm

Venue: Main Stadium

RULES:

- Two participants from each college can take part in this event
- Participants will not be judged on attire, as it is a spot event.
- Participants have to report **ONE HOUR** prior to the event to pick up lots to decide knockout fixtures.
- Two participants will take the stage simultaneously (based on Fixtures) & will compete against each other.
- The winner of the round will proceed to the next round.
- Judges decision will be final and binding.
- Different genres of music will be played.
- No props are allowed.

Registration Fee

Rs. 250/Participant

PRIZE MONEY-

I – Rs. 3,000/-

II – Rs. 1,500/-



Non-Thematic Dancing

Date: 02/10/24

Timings: 4pm-6.30pm

Venue: Main Stadium

RULES:

- Only ONE team per college can participate.
- A maximum number of 16 dancers and a minimum of 8 dancers are allowed in a team.
- **TIME LIMIT:** 5+2 minutes (including stage setup). A warning bell will be rung at 6 minutes indicating 1 minute of stage time left. (Minimum time: 3 minutes)
- 2 marks will be deducted from total score for every 10 second exceeding the time limit.
- Fire presentation, use of weapons & water on stage is not allowed.
- Animals & vehicles (including bicycles, motorcycles, mopeds) are not allowed.
- If the group intends to present any certain special effects, the same must be informed to the organizers ONE WEEK prior to the event.

Registration Fee

Rs. 1,750/Team

PRIZE MONEY-

I - Rs. 12,000/-

II - Rs. 6,000/-

III - Rs 4,000/



Thematic Dancing

Date: 05/10/24

Timings: 4.30pm-7.30pm

Venue: Main stadium

RULES:

- Only ONE team from each college is allowed to participate in this event.
- A maximum number of 20 dancers & a minimum of 12 dancers are allowed in a team
- **TIME LIMIT:** 8+2 minutes (including stage setup). A warning bell will be rung at 8 minutes indicating 2 minutes of stage time left. (Minimum time: 4 minutes)
- 5 marks will be deducted from the total score for exceeding beyond the above-mentioned time.
- No classical or religious forms of dance are permitted.
- The theme has to be portrayed in the form of dance only.
- No use of placards, signs, boards, etc.
- Fire presentation & use of water on stage is not allowed.
- Use of any powdered substances on stage is not allowed.
- Animals & vehicles (including bicycles, motorcycles, mopeds) are not allowed.
- If the group intends to present any certain special effects, the same must be informed to the organizers ONE WEEK prior to the event.

Registration Fee

Rs. 1,750/Team

PRIZE MONEY-

I - Rs. 12,000/-

II - Rs. 6,000/-

III - Rs 4,000/-



LIP SYNC BATTLE

Date: 03/10/24

Timings: 2pm to 4pm

Venue: Academy Hall

RULES:

- Individual/Group Event
- Any language
- Timings: 2+1 minutes
- Inappropriate songs and choices will be eliminated.
- Vulgarity is strongly prohibited. Any form of obscenity will lead to immediate disqualification
- Props are encouraged
- Maximum registrations per college = 1
Maximum participants per team = 5

Registration Fee

Rs. 750/Team

PRIZE MONEY-

I - Rs. 7,000/-

II - Rs. 3,500/-



Mock Rock

Date : 05/10/24

Timings: 9am-12pm

Venue: Academy Hall

RULES:

- Team event (7+1 members per team)
- Backing tracks will be allowed
- Any form of vulgarity and profanity is strongly prohibited.
- Any form of obscenity will lead to immediate disqualification of the team.
- Each team is required to bring their own props
- Timings: 4+1 minutes.
- Maximum registrations per college = 1
- Maximum number of teams =15

Registration Fee

Rs. 1,000/Team

PRIZE MONEY-

I – Rs. 7,000/-

II – Rs. 3,500/-

II – Rs. 2,000/-



Instrumental solo

RULES:

Date : 04/10/24

Timings: 2pm-4pm

Venue: Academy Hall

- Only three participants from each college can take part in this event
- Time limit - 6 minutes Max. for performance including set up and sound check.
- Any Classical & Non - classical music instruments are allowed.
- 1 or 2 accompanist apart from Tanpura are allowed.
- Electronic shruti is allowed, but other classical electronic instruments NOT allowed.
- NO music software is allowed.
- Backing track without vocals is allowed

Registration Fee

Rs. 250/Participant

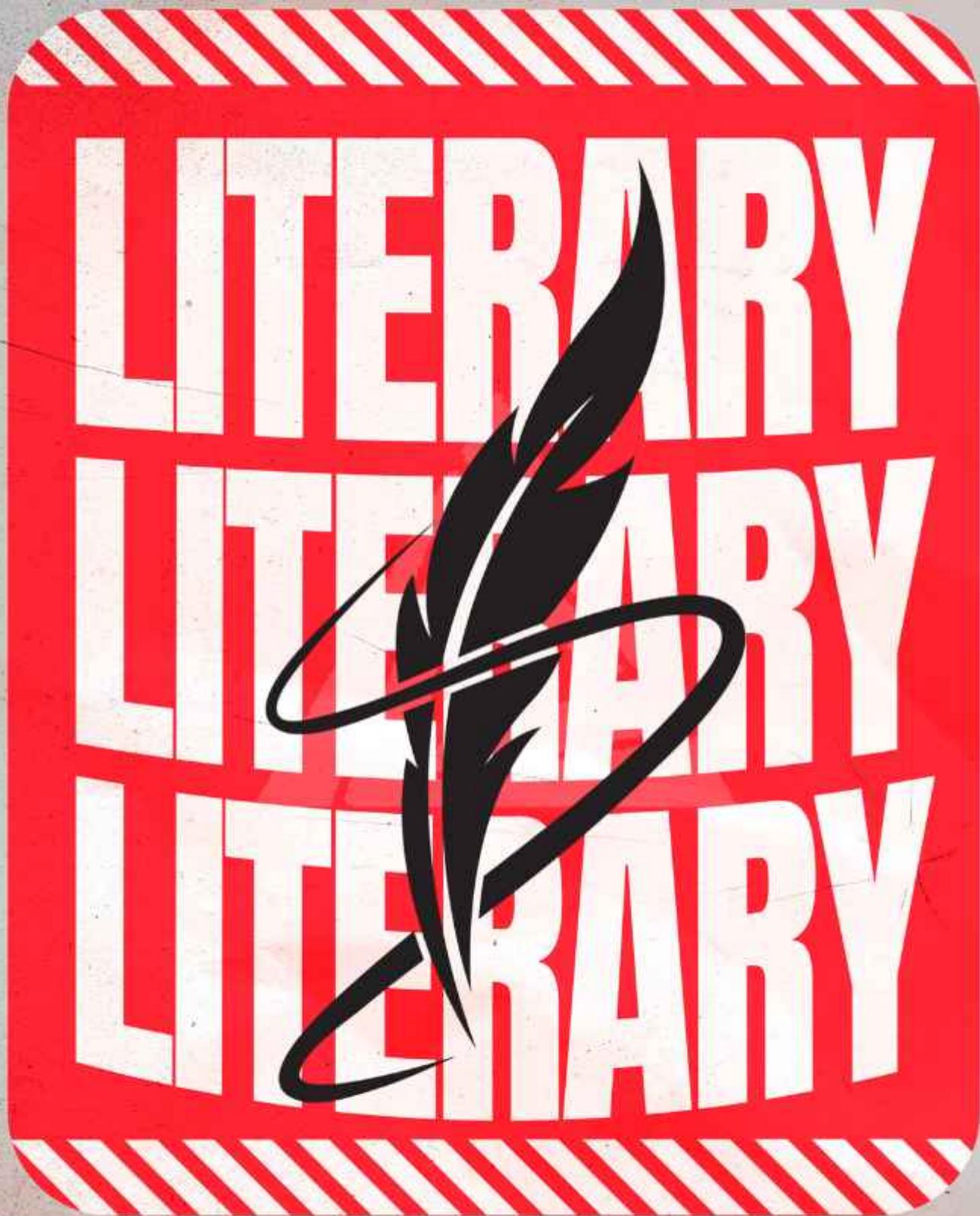
PRIZE MONEY-

I - Rs. 2,500/-

II - Rs. 1,500/-

III - Rs. 1,000/-





Rules of Literary Events

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For queries, kindly contact

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- Melanie Lewis: +9632101722

MUN

DATE: 01/10/24 & 02/10/24

TIMINGS: 9am-4pm

VENUE: Lecture Hall

RULES:

- It will comprise of three committees GA (general assembly), HRC (Human Rights Council) and AIPPM (All India Political party meet).
- The delegates will represent different countries in GA and HRC and different State legislatures in AIPPM based on its policies and positions.
- The procedure rule book will be released as a separate brochure. The link to which will be available on the Instagram page of adrenaline
- The agenda for the committees will also be released along with procedure brochure.
- Delegates are expected to dress in formal business attire & Lunch will be provided to the delegates at the venue
- Delegates are allowed get iPads and laptops
- Delegates are requested to follow debate etiquettes like formal parliamentary procedures, including raising placards to speak, addressing the Chair, and adhering to time limits for speeches.
- Delegates should maintain respect for all delegates and adhere to the professional standards of debate, avoiding personal attacks and disruptive behavior
- Delegates should thoroughly research their assigned country's policies, historical positions, and relevant facts to effectively represent its interests.
- No limit on participants from each college.

Registration Fee

Rs. 500/Participant

PRIZE MONEY-

I - Rs. 5000/-

II - Rs. 2500/-

III - Rs 1250/-

Just A Minute

DATE: 03/10/24

TIMINGS: 9am-12pm

VENUE: Silver Jubilee Hall

RULES:

- Only **TWO INDIVIDUALS** in this event from each college can participate
- No questions or arguments once the final decision has been made by the JAM Master.
- The JAM Master decides when you are allowed to put forth your objection
- Total time: 60 seconds inclusive of all the time that all the speakers in a given round are allowed to speak.
- You get a penalty if the competition objects on any of the following coats.
 1. You object out of turn.
 2. You stutter, stammer & indulge in time wasting tactics including efforts to buy time like interspersing your talk with "what", "aaah" etc..
 3. Early start or late start.
 4. Speaking too fast or too slow.
 5. Grammatical errors.
 6. Undue stress on words, undue emphasis on sentences.
 7. Repetition of a previously used idea.
 8. Not following the "Random Rules" as set by the JAM Master.

Registration Fee

Rs. 250/Participant

PRIZE MONEY-

I - Rs. 2,000/-

II - Rs. 1,500/-

III - Rs 1,000/-

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Relay writing

DATE:03/10/24

TIMINGS:1pm-4pm

VENUE:Lecture Hall

RULES:

- One team per college with three members in the team
- The team writes the content in three segments one by each team member.
- Each member of the team can add only 200 words.
- Each member gets 20min to write his/her segment.
- Theme will be given on the spot.
- After writing phase teams will have 3min to review and make final changes.

Registration Fee

Rs. 750/Team

PRIZE MONEY-

I – Rs. 2500/-

II – Rs. 1700/-

III- Rs 1200/-

Mind craft

DATE: 05/10/24

TIMINGS: 12pm-4pm

VENUE: DM Hall

RULES:

- Two teams per college
- 2 participants per team
- This event is an intriguing brain check game which tests the ability of players to make the perfect connection between pictures and find the hidden word.
- The game is fun and brainstorming at each level
- Each level displays a set of pictures linked by one or two words in connection.
- The team finds the word out of the displayed image.
- The team which responds to the correct answer within the given time limit proceeds to the next level of the game.
- Time Limit: (Based on 3 stages)
- Level I [warm up round] (20 seconds): In this level the most general and most known words in connection are picturized
- Level II (60 seconds): two teams will be competing against each other and the winner will be selected
- Hints will be given but at a cost
- Level III : Rapid fire round.

Registration Fee

Rs. 750/Team

PRIZE MONEY-

I – Rs. 3000/-

II – Rs. 2,000/-

III- Rs 1,500/-

Poetry slam

DATE:02/10/24

TIMINGS:9am-12pm

VENUE:AV Hall

RULES:

- Only original poems are allowed
- The time limit for the performance is 5min
- The participants will be penalised for going overtime
- The topic will be given a day before.
- Judges decision is final

Registration Fee

Rs. 250/Participant

PRIZE MONEY-

I - Rs. 2,000/-

II - Rs. 1,500/-

III- Rs 1,000/-

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Quiz Competition

RULES:

DATE: 04/10/24

TIMINGS: 1pm-4pm

VENUE: DM Hall

- Two teams per college are allowed.
- Each team must consist of 3 members.
- No substitutions are allowed once the competition begins.
- The competition will be divided into two rounds, both held on 04/10/24:
 1. Preliminary Round: Qualifying round to determine finalists.
 2. Final Round: Top teams from the preliminaries will compete in the final showdown.
- The Quiz Master's decision on all matters (answers, time limits, and scoring) is final.
- Teams must attend a mandatory pre-event briefing, where rules will be explained, and queries addressed.

PRIZE MONEY-

I – Rs. 5,000/-

II – Rs. 3,000/-

III- Rs 2,000/-

Registration Fee

Rs. 750/Team

ADRENALIN

Pot Pourri

DATE: 04/10/24

TIMINGS: 1pm-4pm

VENUE: AV Hall

RULES:

- Only **TWO TEAMS** from each college can participate.
- Each team must comprise of **3 members**. No use of alphabets, or sign language (officially used for hearing impaired). **ONLY ENGLISH** words, phrases & movies will be given.
- Events included:
 1. Charades (dumb charades).
 2. Guess who? (Guess the personality).
 3. Pictionary.

Registration Fee

Rs. 750/Team

PRIZE MONEY-

I – Rs. 3,000/-

II – Rs. 2,000/-

III- Rs 1,500/-



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For queries, kindly contact

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Movie Making

RULES:

DATE: 04/10/24

TIMINGS: 10am-5pm

VENUE: AV Hall

- Only ONE TEAM from each college can participate in this event.
- Each team can have a maximum of 15 participants excluding the camera man.
- The maximum time duration allowed is 10 minutes.
- The topic will be announced on our social media pages.
- All entries have to be submitted by 5pm on DAY 1 of the fest.
- Editing is allowed.
- Only originally shot videos are to be used.
- Downloaded videos are not allowed. Plagiarism will lead to disqualification.
- Obscene/ Offensive scenes might lead to disqualification

Registration Fee
Rs. 1000/Team

PRIZE MONEY-

I – Rs. 7,000/-

II – Rs. 4,000/-

III- Rs, 2,000/

Photography

DATE: 04/10/24

VENUE: Online event

RULES:

- Any number of entries per college.
- Individual event.
- Each participant will be allowed to submit only 1 photograph of your choice based on the topic given .
- Any orientation is permitted.
- The topic will be announced **ONE WEEK** prior to the fest on our social media pages and all entries must be submitted by mail to adrenalinefmmcnvenue@gmail.com by 5pm on day 3
- The photographs may be taken on any device and will not be judged based on the standard of the device used.
- Photo should have a title and a brief description.
- It should be authentic and copyrighted.
- Staged photographs are not permitted.
- No premade filters of any kind can be used, excessively edited and manipulated photos won't be considered.
- Plagiarism will lead to disqualification.
- Watermarks, borders and frames are not allowed.

Registration Fee
Rs. 250/Participant

PRIZE MONEY-

I – Rs. 1,500/-

II – Rs. 1,000/-

III- Rs 800/-

Reel Making

RULES:

DATE: 04/10/24

VENUE: Online event

- It is a solo event.
- Only one entry per participant is allowed
- Any number of entries from a college is allowed.
- Reel should be based on the ADRENALINE and its theme.
- Time limit is 30-45 seconds
- All other reels not related to it will be rejected.
- Reel should be submitted by mail to adrenalinefmmcnvenue@gmail.com by 5pm on day 3
- Submission done after the given time will be rejected.
- Both camera and phone are allowed
- Editing is allowed.

Registration Fee

Rs. 200/Participant

PRIZE MONEY-

I – Rs. 1,500/-

II – Rs. 1,000/-

III- Rs 800/-

Street Play

RULES:

DATE: 05/10/24

TIMINGS: 2pm-4pm

VENUE: Basement Food Court

- Only ONE team per college.
- A maximum of 15 members and a minimum of 6 members are allowed in a team.
- The event will be held outdoors.
- Time limit: 15 minutes (includes setup time).
- A warning bell will be rung at 14 minutes indicating one minute of stage time left.
- 1 mark will be deducted for every 10 seconds exceeding beyond the above mentioned time.
- Use of banners, posters, percussion instruments are allowed. Use of microphones, recorded audio aids are prohibited. Plagiarism will lead to disqualification.
- Only English/Kannada/Hindi may be used for narration and dialogue.
- Topic will be announced through our social media pages.
- The decision of the judge will be final and binding.
- Obscene, offensive and vulgar scenes will lead to disqualification

Registration Fee

Rs. 1000/Team

PRIZE MONEY-

I - Rs. 5,000/-

II - Rs. 3,500/-

Hogathon

RULES:

DATE: 04/10/24

TIMINGS: 12:30pm-2:30pm

VENUE: Food court

- Only **ONE** individual from each college can take part in this
- Only non-vegetarians are allowed to take part in this event.
- Individuals with **ANY KIND OF FOOD ALLERGIES** are not permitted to participate.
- Participants should try to finish a set portion of food given to them first
- Participants are allowed to drink water during the competition.
- The food must be completely swallowed.
- Participants will be required to sign a declaration form before the event.

Registration Fee
Rs. 350/Participant

PRIZE MONEY-
1 - Rs. 2,500/-

Gaming

RULES:

A] FIFA

- Matches will be on a knockout basis.
- 2 team per college.
- Players allowed to choose any team except World and Classic
- Game time: 5 minutes, Conditions: Summer, Clear, Game speed: Normal
- If there is no winner at the end of regular time, game will go on for extra time (Classic).
- If there is no winner at the end of the extra time provided, the game will be decided on penalties.
- Semi finals will be played for 2 legs (Home and Away).
- Finals will be played on the best of 3 matches.

Registration Fee

Rs.500 for doubles

B] BGMI

- Each college can have maximum of 2 teams comprising of 4 members
- All the contesting members are to be present in the venue before the game starts
- All the teams are requested to use their own data connection.
- MAP:ERANGEL ,SANHOK,MIRAMAR
- Room ID and password will be provided at the event
- No use of hacks
- No use of triggers
- Screenshot the results after each match
- No using emergency pickup

Registration Fee

Rs. 800/Team

DATE: 03/10/24

TIMINGS: 9am-12pm

VENUE: Reading Room

DATE: 05/10/24

TIMINGS: 9am-12pm

VENUE: Reading Room

PRIZE MONEY- for BGMI &FIFA

I – Rs. 3,000/-

II – Rs. 2,000/-

Cooking Without Fire

RULES:

DATE: 03/10/24

TIMINGS: 10am-2pm

VENUE: Reading Room/ Food court

- Only TWO teams per college.
- Each team should comprise of 3 members.
- TIME LIMIT: 1 hour.
- There is no limit to the number of items to be prepared but there should be atleast one main dish and one beverage.
- Non vegetarian dishes should not be made.
- No alcoholic blends or beverages.
- No processed foods.
- Cutting fruits and vegetables should be done on the spot. No prior preparation is allowed.
- Materials required must be brought by the participants. Ingredients and recipes must be ready with the participants at the time of judging.
- Bread, biscuits and milk products are allowed.

Registration Fee

Rs. 750/Team

PRIZE MONEY-

I - Rs. 3,500/-

II - Rs. 2,500/-

III- Rs. 1,000/-



Rules of Fine Arts Events

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For queries, kindly contact

Student coordinator -

• Shashank Shrey : *+91 7856083119*

Make Up

DATE- 4/10/2024

TIME- 9am-11am

VENUE- LH 1, B block

RULES:

- Only TWO teams from each college is allowed to participate in this event.
- Each team should comprise of 2 members. One member does makeup on the other.
- Time Limit: 90 mins
- Theme will be given on the spot.
- Participants should carry their own makeup products and application tools like brushes, blenders etc. None of the items will be provided at the venue.
- Judge's decision will be final

Registration Fee

Rs. 400/Team

PRIZE MONEY-

I – Rs. 2,000/-

II – Rs. 1,500/-

III- Rs 1,000/-

Comic Strip

DATE- 4/10/2024

TIME- 10am-11:30am

VENUE- Reading Room

RULES:

- Any number of entries per college.
- Individual event.
- Time allotted: 1 hour
- Topic will be announced on the spot.
- Drawing sheets will be provided by the organizers.
- Other necessary materials are to be brought by the participants.
Only pencils and black pens are to be used.
- A minimum of 6 comic grids (3 above & 3 below) is required.
- Comic should be Black & White in colour.
- Judge's decision will be final

Registration Fee

Rs. 250/Participant

PRIZE MONEY-

I – Rs. 2,000/-

II – Rs. 1,500/-

III- Rs. 1,000/-

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Poster Making

RULES:

DATE- 05/10/2024

VENUE- Online

- Only TWO teams of 2 members each, from each college are allowed to participate. Topic will be announced 1 day prior to the event.
- To be made on paper. No digital tools allowed.
- The poster should be in jpg/png format and in the ratio 4:3.
- The poster should be submitted online, in a given time frame via a link that will be sent to the participants on the day of the event.
- Use of items like cotton, glitter, thermocol, newspaper clippings, etc are allowed.
- Judge's decision will be final.

Registration Fee

Rs. 400/Team

PRIZE MONEY-

I - Rs. 2,000/-

II - Rs. 1,500/-

III - Rs. 1,000/-

ADRENALIN

Face Painting

DATE- 3/10/2024

TIME- 9am-11am

VENUE- LH 1, B block

RULES:

- Only ONE team from each college is allowed to participate in this event.
- Each team must comprise of 2 members: one member paints the face of the other member.
- Time allotted: 90 minutes.
- Topic will be given on the spot.
- All articles are to be brought by participants.
- Glitter cannot be used.
- Pictures or other visual aids are not allowed.
- Judge's decision will be final.

Registration Fee

Rs. 400/Team

PRIZE MONEY-

I – Rs. 2,000/-

II – Rs. 1,500/-

III- Rs 1,000/-

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Knot-A-Waste

DATE- 05/10/2024

TIME- 8:30am-10am

VENUE- LH 1, B block

RULES:

- Only ONE TEAM from each college is allowed to participate.
- Each team must comprise of 3 members.
- Time allotted: 90 minutes.
- Area allotted: 1m x 1m.
- Waste items like paper, cardboard, cans, bottles, rope, tins, wool, twigs, leaves, shells etc, can be used
- Paints, poster colours, gum & tape can be used.
- Colour papers, glue guns, glitter powder or any electrical devices/appliances not allowed.
- No material will be provided by the organizers. No pre-made models can be used.

Registration Fee

Rs. 450/Team

PRIZE MONEY-

I – Rs. 2,500/-

II – Rs. 1,750/-

III- Rs 1,250/-

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Pencil Sketching

DATE- 2/10/2024

TIME- 8:30am-10am

VENUE- Reading Room

RULES:

- Max 3 entries per college. Individual event.
- Time allotted: 90 mins
- Object/Image of reference will be given on the spot.
- Drawing sheets will be provided by the organizers. Other necessary materials are to be brought by the participants.
- Only pencils are to be used. No charcoal pencils & other pens are allowed.
- Judge's decision will be final.

Registration Fee

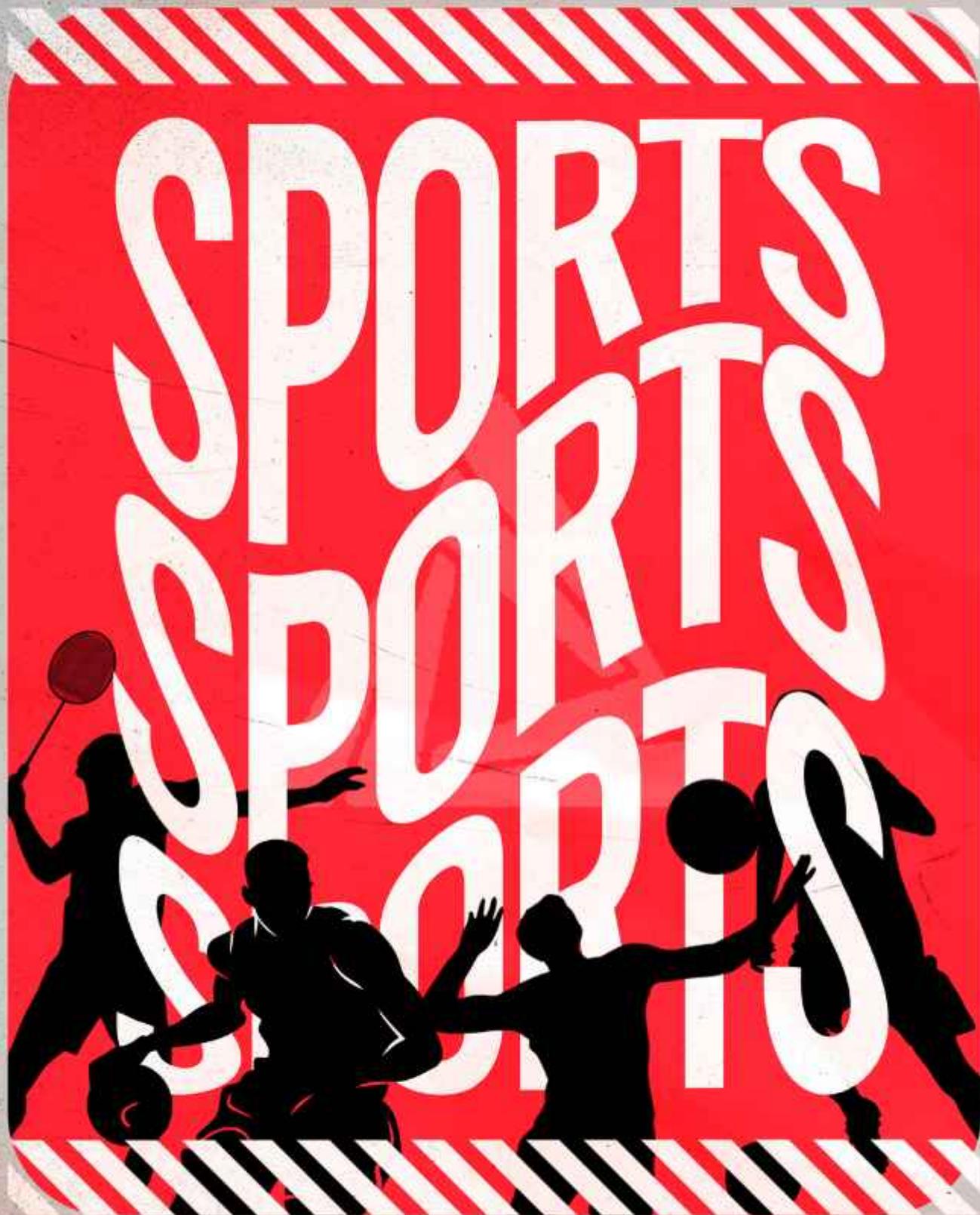
Rs. 250/Participant

PRIZE MONEY-

I - Rs. 2,000/-

II - Rs. 1,500/-

III- Rs 1,000/-



RULES OF SPORTS EVENTS

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For queries, kindly contact

- Princeton D'Silva : +91 9741721548
- Roopesh : +91 63627 60516



GENERAL RULES

- Eligibility for registration of players :
- Players should produce their original Aadhar card, Bona-fide student certificate, ID card along with registration number/team list on the college letter head in original duly signed by the principal with seal of the college team reporting to the venue.
- Team without Physical Education Director/Manager will not be entertained for the competition. If any other staff is accompanying the students he/she should submit the ID card of college.
- Participants should report to the venue minimum 30 minutes prior to the start of the event.
- All the matches will be played on knockout basis.
- All players must be dressed in proper attire.
- The decision of the Referees will be final & binding.
- Protest against the referees will NOT be allowed.
- Any indiscipline from the athletes/team that brings disrepute to the game shall amount to disqualification.
- Only the players mentioned in the entry form should participate in the event.
- Event is conducted in college campus. All sorts of addiction like smoking/alcoholism /Drug abuse is strictly prohibited. Disciplinary action will be taken against such people.
- If there is any unidentified player the team will be disqualified with a penalty up to Rs.5000 and the same will be reported to the college.
- All players should wear non marking shoes for all matches held in indoor stadium.
- Only the captain of the team is entitled to communicate with organizing committee.

REGISTRATION FOR SPORTS

- Each sports event has a separate registration
- The last day for registration will be 28th September 2024
- Any registration beyond this date will not be accepted
- Registration will be finalised after the payment is done

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Badminton

DATE- 1st & 2nd OCTOBER 2024

TIME- 7am to 4pm

VENUE- Indoor Stadium

PRIZE MONEY-

	I	II
SINGLES	Rs. 5000/-	Rs.3000/-
DOUBLES	Rs.5000/-	Rs.3000/-

RULES:

- Two men and women singles, two teams of men and women doubles are allowed to participate in this competition from one college
- All players must have a valid ID card and eligibility
- Each player is responsible for their own equipment (KIT, RACQUET)
- Players should be present in the Indoor stadium at the allotted time without fail
- Umpire's decision will be final.
- Competitors, on their arrival at the venue must report the event head
- The rules of BWF will apply to this tournament.
- The committee reserves the right of refusing any entry submitted without the entry fee or any assigned reason.
- Players are requested to report to the chief referee & be ready to play within 5 minutes of announcement of the match.
- The tournament shall be played on knockout basis
- The decision of the tournament committee in all matters pertaining to the tournament will be final.
- Only non-marking badminton shoes are allowed.
- If there is any unidentified player, the team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE:

Princeton dsilva -9741721548

Tharun :8919478147

Aster -9513427037

REGISTRATION FEE- (M & W)Singles: Rs 250/player

(M&W) Doubles- Rs 500/team

Basketball

PRIZE MONEY-

	I	II
MENS	Rs.10000-/-	Rs.7000-/-
WOMENS	Rs.7000-/-	Rs.5000-/-

DATE- 1st,2nd and 3rd October 2024

TIME- 7am to 4pm

VENUE- Basketball court

RULES:

- For men & women.
- All players must have a valid ID card and eligibility
- Only ONE men's team & ONE women's team from each college can participate in this event. (separate for men & women categories)
- Matches will be conducted as per the Association rules & regulations (FIBA).
- Each team should comprise of 5+5 members
- If there is any unidentified player team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college.
- College teams may comprise of players under the same Dean. Mixing of different degrees will not be permitted.

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE :

Joseph - 9482568968

Blesy -9446186677

Abhishek -9731022585

REGISTRATION FEE- MENS -Rs 1500/team

WOMENS- Rs 1000/team



Chess

DATE- 4th OCTOBER 2024

TIME- 7am to 4pm

VENUE- Examination Hall

PRIZE MONEY-

	I	II
MENS	Rs.3000 -/	Rs.1500-/-
WOMENS	Rs.3000-/-	Rs.1500-/-

RULES:

- Two men's player and women's player from each college can participate in this event.
- All players must have a valid ID card
- and eligibility Rules according to World Chess Federation (FIDE) handbook.
- Tournament will be on the basis of knockout.
- Players who bring disrepute to the game by cheating or any other means will be disqualified.
- Chess board should be bought by the player.
- Arbiter's decision is final & binding.
- If there is any unidentified player team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college.

FOR ANY CLARIFICATION, CONTACT EVENT INCARGE :

Yathin kumar -8197619352

Chirag -7259525224

REGISTRATION FEE- 250/player(M&W)



Football

DATE- 1st & 2nd OCTOBER 2024

TIME- 7am to 4pm

VENUE- Main Stadium

PRIZE MONEY-

	I	II
MENS	Rs.10000 -/	Rs.7000-/-

RULES:

- Only for MEN.
- Only ONE team from each college can participate in this event.
- Each team should comprise of 5+5 members.
- As per FIFA rules.
- If there is any unidentified player team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college.
- All players must have a valid ID card and eligibility

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE :

Princeton dsilva -9741721548

Roopesh prabhu -6362760516

Akshay acharya -9481535615

REGISTRATION FEE- Rs 1500/team



Kabaddi

DATE- 4th OCTOBER 2024

TIME- 7am to 4pm

VENUE- Indoor Stadium

PRIZE MONEY-

	I	II
MENS	Rs.10000 -/	Rs.7000-/-

RULES:

- Only for MEN.
- All players must have a valid ID card and eligibility
- Only ONE TEAM from each college can participate in this event.
- Each team should comprise of 7+5 members.
- As per Amateur Kabaddi Federation of India (AKFI) rules.
- The game will be played INDOOR on a synthetic court.
- Kabaddi Shoes are compulsory.
- Maximum weight limit 85kilogram.
- If there is any unidentified player team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college.

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE :

Ashish gowda – 9019552957

Avinash kumar -9880735204

REGISTRATION FEE- Rs 1000/team

Table Tennis

DATE- 3rd OCTOBER 2024

TIME- 7am to 4pm

VENUE- Indoor Stadium

PRIZE MONEY-

	I	II
MENS	Rs.5000 -/	Rs.3000-/-
WOMENS	Rs.5000 -/	Rs.3000-/-

RULES:

- For men and women.
- Only ONE men's team and ONE women's team from each college can participate in this event (separate for men and women categories).
- Each team should comprise of 3 members.
- The decision of the officials will be final and binding.
- Players should bring their own bats.
- All the matches in both men's and women's section shall be played on the best of 3 out of 5 (F match) singles.
- The order of the players shall be: (Example given below)
- If there is any unidentified player team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college.
- All players must have a valid ID card and eligibility
- Match one: A v/s X
- Match two: B v/s Y
- Match three: C v/s Z
- Match four: A v/s Y
- Match five: B v/s X
- Each single consists of 5 sets with 11 points. Players should lead by 2 points to win each set

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE :

Robin - 8123390905

Antony -8547920494

Sheehan Dsouza -8296320513

Mansi Menezes -9482812562

REGISTRATION FEE- Rs 750/team

Throwball

DATE- 5th OCTOBER 2024

TIME- 7am to 4pm

VENUE- Main Stadium

PRIZE MONEY-

	I	II
WOMENS	Rs.7000 -/	Rs.5000-/-

RULES:

- Only for WOMEN.
- All players must have a valid ID card and eligibility
- Only ONE TEAM from each college can participate in this event
- Each team should comprise of 7+2 members.
- If there is any unidentified player team can be disqualified and a penalty up to Rs 5000 is applicable and the same shall be reported to the college

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE :

Annu roy -9880923399

Welsa archangel -7406658460

REGISTRATION FEE- Rs 1000/team

Volleyball

DATE- 3rd OCTOBER 2024

TIME- 7am to 4pm

VENUE- Main Stadium

PRIZE MONEY-

	I	II
MENS	Rs.10000 -/	Rs.7000-/-
WOMENS	Rs.7000 -/	Rs.5000-/-

RULES:

- For men & women.
- All players must have a valid ID card and eligibility
- Only ONE team from each college can participate in this event.
- Each team should comprise of 6+4 members.
- Rules followed are according to Volleyball Federation of India (VFI). I
- If there is any unidentified player team can be disqualified and penalty up to Rs 5000 is applicable and the same shall be reported to the college

FOR ANY CLARIFICATION, CONTACT EVENT INCHARGE :

Roopesh prabhu -6362760516

Kiran rathod - 6363681235

Ashmitha Dsouza -7795887299

Rebin reji-8304957434

REGISTRATION FEE- MENS -Rs 1500/team

WOMENS- Rs 1000/team

FOR THE MORE ENQUIRY CONTACT:

Mr Chandrashekar :7019130272

Physical Education Director

Father muller medical college ,mangalore

Grievance:

- Grievances must be filed only with regard to results, scoring and/or discrepancies in the rules of the event.
- Within 6 hours from announcement of results of the event.
- Will be addressed by the end of the day's events. Decision taken by the committee members shall be final and binding.
- Rs.500 to be paid to register a grievance. Refund will be issued if grievance is found to be genuine.



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